

Invitation

Leadership Experiential Coaching Workshop

Wednesday, 19 April, 2023

From 7:45am until 11:30am @EAPD - Desert Palm

Innovative approaches for building positive and engaging relationships in the workplace.

Explore new perspectives and possibilities around relationships through three experiential approaches: Equus-coaching, Soft skills & StorySpeaking, and Sophro-Coaching.

EQUUS-COACHING

Discover the equine guided empowerment through the human & horse relationship.

Notice the horse's feedback to your emotions and communication and explore how it relates to your relationships.



Maud
Gaspard

+971 501 500 390
mg@horse4harmony.com

SOFT SKILLS

Experience how artistic and theatre techniques allow you to experiment new behaviours and stand out of your comfort zone. Sample the effectiveness of Public Speaking and Story Telling to inspire your audience.



Stephane
Brismontier

+971 50 905 8401
stephane@culture-emulsion.com

SOPHRO-COACHING

Understand how the relationship with yourself impacts your outward relationships.

Identify ways of feeling more aligned so as to interact with others effectively.



Vanessa
Maze-Sencier

+971 52 777 5832
vanessa@vms-coaching.com