Invitation

Leadership Experiential Coaching Workshop

Wednesday, 19 April, 2023 From 7:45am until 11:30am @EAPD - Desert Palm

Innovative approaches for building positive and engaging relationships in the workplace.

Explore new perspectives and possibilities around relationships through three experiential approaches: Equus-coaching, Soft skills & StorySpeaking, and Sophro-Coaching.

EQUUS-COACHING

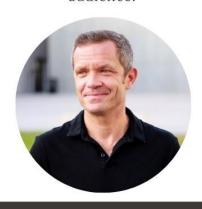
Discover the equine guided empowerment through the human & horse relationship.

Notice the horse's feedback to your emotions and communication and explore how it relates to your relationships.



SOFT SKILLS

Experience how artistic and theatre techniques allow you to experiment new behaviours and stand out of your comfort zone. Sample the effectiveness of Public Speaking and Story Telling to inspire your audience.



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SOPHRO-COACHING

Understand how the relationship with yourself impacts your outward relationships.
Identify ways of feeling more aligned so as to interact with others effectively.



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Maud

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