

## **Unleash the Power Within your Loved Ones**

Give the gift of empowerment and watch as your loved ones embark on a transformative journey.

For a friend, family member, or even yourself, equus-coaching combines the wisdom of horses with personal growth and self-discovery. Surrounded by nature, guided by horses, the participant will reconnect with themselves and get ready for a harmonious 2024 with newfound resolutions.



THE HORSE

A powerful mediator and accelerator in the coaching process.



EQUUS-COACHING BENEFITS

Enhance quality of life, effectiveness, relationships and wellbeing.



INDIVIDUALS OF ALL AGES

From children learning emotions, to teenagers seeking direction, and adults aiming fulfillment

No Equestrian experience required - Interactions with horses are on ground only.